

2026 WMJFL Conduct/Guidelines for Coaches & Spectators

1. All teams will have no more than **FIVE** coaches on the sidelines. These coaches must be designated as coaches in some manner before the game (Hats, bands, shirts, etc.)
2. Only the Head Coach may communicate with the officials, NOT assistant coaches. Teams will be given a single warning if there is an infraction of this rule. After that first warning, a 15-yard penalty will be assessed and enforced for each infraction
3. Foul language used by a coach or player will be cause for immediate ejection from the game
4. Foul or abusive language used by a parent or fan will result in a 15-yard penalty against the sideline charged. A second offense by the parent will result in ejection from the game of their child.
5. There will be an automatic penalty of 15-yards for any member of the coaching staff and/or spectators entering the playing field and interrupting the normal progress of a game
6. Only players and coaches are allowed on the sidelines. Anyone taking pictures or videos on the sidelines and/or near the field will be asked to leave and sit in the designated spectator areas. This is based on the MHSAA rule
7. Suspensions/Ejections
 - a. Normal procedure for a suspension will include coaches/players receiving a warning, a flag for unsportsmanlike conduct, and finally an ejection if deemed necessary by the Head official. However, players, coaches, & spectators may be ejected without a warning/flag if deemed necessary, again, by the Head official.
 - b. An automatic one game suspension will be enforced. Additional game suspensions could be added by the offending team's local director and/or the WMJFL Board if considered appropriate.
 - c. Any intentional infraction will be treated as a personal foul and will result in a 15-yard penalty and ejection of both the player and the head coach.

